



HERITAGE

*Awali*

MAURITIUS

HERITAGE AWALI GOLF & SPA RESORT

## Escape to the subtle accents of Africa...



Set within the 'Le Domaine de Bel Ombre, between crystalline lagoon and lush green hills that the Heritage Awali welcomes you. Drawing on the fascinating cultural rainbow of Mauritius, the memories of our sensual and bewitching African Heritage, a truly authentic experience awaits you at Heritage Awali. With an ethnic décor that is synonymous with elegance... what "awali" means in Africa is a return to the sources, to the origins...

Welcomed by the sounds of djembes, immerse yourself in this warm and friendly world and meet the true Mauritius, where the magic of the place lies in the perfect balance of luxury, simplicity and friendliness ...

Ideal for family holidays, Heritage Awali stands out for its exceptional range of services tailored for the enjoyment of young and old. Rooms are spacious and perfectly fitted out, an array of land and water-based sports are on offer including a simply spectacular 18-hole golf course! There is also an exclusive children's club, where 3 to 11-year olds can have fun in a learning environment which provides children with everything they could wish for.

When it comes to well-being and relaxation, enjoy the Seven Colours Spa and the Umuzi Sports Centre, and extend the awakening of your senses by feasting on the culinary delights - including the original and unique Seven Colours Energy Cuisine. Either alone, as a couple, or with the whole family, the magic of discovering the Château de Bel Ombre and the 'green' activities at the lush Valriche Nature Reserve will give you moments of unbounded enjoyment.

A range of unique delights to enjoy unforgettable experiences on the island of Mauritius...

## STYLE

# A refinement that is synonymous with the sweetness of life and simplicity ...

Heritage Awali Golf & Spa Resort blends perfectly into the lush natural environment of the south of Mauritius, at the foot of the hills and mountains where the remains of the great primeval forests spread out, and at the edge of an ocean with perpetually changing colours ...

Right from the outset, guests are immersed in the special ambience, greeted by the sound of a giant tom-tom in a wonderful open space, framed by slate lined ponds festooned with water lilies and surrounded by coconut palms. Space, flow and special intimate effects characterise the architecture of the Mauritian Jean Marc Eynaud ... an architect who delights in playing with contrasts: the ground floor of volcanic stone and terracotta tiles played off against teak parquet floors, shingle roofs set against thatch roofs shaped like pagodas, timber work made out of casuarina wood ...

The African inspiration is to be seen all over, and comes in subtle shades, revealing a pure, sober décor: warm tones - ochre, tan, saffron, brown - dark Wenge wood doors, copper, objects and furniture fashioned in Africa and Madagascar. The decorator Virginia Koenig has instilled the place with a resolutely ethnic style, beautifully adapted to a tropical world and imbued with a casual elegance



# GASTRONOMY

## LE BALAFON

With its ethnic decor inspired by its name taken from that of an African musical instrument, the main restaurant, le Balafon, is without doubt the place to meet for breakfast. In the evening it is the setting for a delicious culinary voyage through varied cuisine themes.

This restaurant, with a warm, friendly atmosphere, is housed in four pavilions, surrounded by mirror ponds. The restaurant offers cuisine that emphasizes initiation into a refined journey of discovery while playing boldly with the influences of Mauritian and world cuisines. The breakfast and dinner buffets (alternating with a table d'hôte menu) present a range of culinary delights.

## INFINITY BLUE

Located on the sea front, with your 'toes in the sand' the Infinity Blue has a relaxing and enchanting feel about it. It has a various menu all with stunning views over the lagoon ... sitting here one cannot but succumb to a feeling of harmony with nature.



## THE AMAFROOTY

The Amafrooty is the ideal place to enjoy a light snack for lunch at the poolside.



'SEVEN COLOURS  
ENERGY CUISINE':

## A fun and unexpected dining experience to stimulate to the chakras

Launched in April 2008, 'Seven Colours Energy Cuisine' is a new concept in cooking inspired by the Seven Colours concept, the philosophy of which is founded on the interaction of the energies and colours of each individual person. The Seven Colours Energy Cuisine explores a whole range of cooking methods, products, colours and textures, utilising essential oils and edible floral waters. . . . all titillating the senses. Just like the violet chakra and the red chakra, the dishes encompass a range of possibilities.. from the lightest of dishes such as mousses, through the creamiest of textures, to more robust and earthy meals simmered long and slow.

This healthy and innovative cooking method is carefully compiled with great knowledge by Executive Chef at the Heritage Awali Golf & Spa Resort, Philippe Rozel, in collaboration with Valérie Cupillard, consultant in culinary creation, specialised in the use of essential oils.

The essential oils and floral waters that Energy Cuisine uses come from plants grown by hand in the south of France. They are produced organically (certified as "Mention Nature et Progrès by ECOCERT) or gathered in the wild having grown in special areas where plants and their biotypes are preserved (certified "Mention S.I.M.P.L.E.S.).



The culinary delights and the table decoration of Seven Colours Energy Cuisine are an integral part of the Seven Colours ritual. Everything is aligned with the refined design spirit of the brand. The seven colours of the chakras are carefully positioned on the white table linen, the specially designed dishes of hand blown Murano glass and the furniture have all been specially designed... a subtle interaction of textures, colours and shapes.

Guests who are less adventurous can also enjoy more traditional fine cuisine imaginatively concocted by our chef.

(More information is to be found in the Seven Colours press pack)



## Philippe Rozel

Entered the profession at the young age of 16... working at a restaurant with two Michelin stars, and then moving on to five star establishments in London, Lyon, Hong Kong, Jeddah... he discovered the thousand and one delights and delicacies of Asian cuisine during a journey that led from China to Thailand and passed through Nepal and Vietnam. It was in the Seychelles that he was initiated into the secrets of Creole spices and cooking, a foretaste that led him to pack his bags and come to Mauritius.. a destination that is at the heart of all continents and delights in all their culinary influences.

In 2009, he was awarded the prestigious Toques Blanches emblem and has become a true ambassador of Mauritian cuisine.



## Valérie Cupillard

A culinary consultant, Valérie Cupillard has used organic products for the last 15 years in France to create an alternative and avant-garde cuisine choosing only ingredients which are healthy and produced with respect for our planet.

She is the author of numerous recipe books and has brought her expertise to the art of using essential oils, essences and hydrolats (floral waters) in order to produce an innovative cuisine that combines pleasure for our taste buds, sense of smell and emotions

There are two bars for you to relax in while enjoying a cocktail or an aperitif:



### THE ZENZIBAR

A descriptive name for this lounge bar, delicately placed amongst interlaced pools, which offer breathtaking views of the lagoon. ZenziBar is the perfect place to relax or to enjoy a good cocktail.

### BLUE DRIFT BAR

The beach bar, with a very relaxed atmosphere.

## An infinite range of culinary delights ✓

To prolong their experience of culinary pleasures, guests of Heritage Awali can also dine in our nearby hotel, Heritage Le Telfair Golf & Spa Resort. In an entirely different atmosphere, referring this time to Mauritius' colonial sugar plantation past and the famous naturalist Charles Telfair, customers have the opportunity of dining at Gin'ja.

A restaurant that invites you to experience Asian cuisine, both traditional and contemporary, located on the sea front, and with a warm homely décor.

Customers can use their credit (depending on the package chosen).

The Heritage Awali guests also have the option of lunch or dinner in the convivial atmosphere of the golf course's 'clubhouse' or in the magnificent setting of the Château de Bel Ombre, a former colonial mansion overlooking the golf course where they can discover the treasures of the local Mauritian cuisine.

(More in part two of the press pack devoted to the Domaine de Bel Ombre).

# THE 'SEVEN COLOURS' SPA



The 'Seven Colours' spa offers a personalised treatment programme, through 7 colour rituals to act on the energy that give us life...

The 'Seven Colours' spa at the Heritage Awali Golf & Spa Resort is one of the most beautiful spaces dedicated to well-being in the whole Indian Ocean area. A spa-village spread over 3,000 m<sup>2</sup> consisting of warm-coloured adobe of mud huts with thatched roofs, nestled in lush vegetation, and connected with cobbled pathways, all very Zen.

Seven Colours celebrates the art of well-being, turning it into a whole philosophy: a unique approach that is based on the interaction and balance of life giving energies and colours... a synthesis of ancestral therapies, stimulation of the senses, and the benefits of nature.

Each client is treated as a unique individual, with his or her own dominant energies and weaker energies. In order to recognise and respect these unique characteristics, Seven Colours offers a personalised experience to each client. In our Seven Colours spa, our clients can choose a tailor made programme, with the appropriate colour treatments associated with their needs and desires.



## Seven Colours products and cosmetics

Seven Colours Spa & Cosmetics has created its own line of cosmetics. These products are based on plants and essential oils that are 100% pure and natural. The essential oils used come from Madagascar, supplied by a laboratory that has demonstrated social and environmental commitment.

Furthermore, Colbert Balneoforme laboratory works primarily with distillers who work for the promotion of the good of the environment.

It also provides them with financial support when possible and if needed, and then repayment is in the form of distilled products.

Further, they collaborate with various NGOs who are doing an admirable job in the bush by educating farmers in the cultivation and distillation of essences, as well as the NGO Man and the Environment, a supplier of organic essential oils to Chanel and L'Oreal.

This laboratory also gives a percentage of its revenues to AMAR, the Association Multi Aide Réunion, that works with the poor in Madagascar, dealing with health, hygiene and education.

All in all, Balneoforme Colbert is committed to "respect for life" - to the ban on animal testing and to the use of alternative methods for product evaluation.

## Seven Colours, member of Ispa

Since June 2009, the 'Seven Colours Spa & Cosmetics' brand has been a member of the International Spa Association (ISPA).

This association, recognized worldwide in the world of spas, offers the spa customer spa a guarantee of quality. Only spas that meet the standards of service, security, code of conduct and ethics required by ISPA may be members.

(More information on the Seven Colours spa in the Seven Colours press kit)

The SEVEN COLOURS Spa & Cosmetic treatments and products lines have been researched and developed to act on our energies and thus free the body and mind from stress and tension.

Seven Colours, has also created its own line of cosmetics.

Available in several ranges, Seven Colours products include essential oils, body treatments and gels, facial treatments, scrubs and masks and other associated products - room fragrances, incense .... created to extend your feeling of well-being when you are back at home.

Seven body mists have also been created and each is aligned with a colour treatment and are sprayed in the treatment cabin before treatments start in order to give clients a complete stimulation of all their senses.

Seven "colours" candles associated with the seven chakras are also available to extend your feeling of well-being when you are back at home again. The aromas of these candles were developed by perfumers from Grasse, the famous French city of perfume ... earth aromas for the red chakra, air for the Indigo ... new and subtle, each candle corresponds to various desires and moods.



# ACTIVITIES

## UMUZI SPORTS CENTRE



For sports lovers or those looking for an active holiday, the 180 m<sup>2</sup> UMUZI gym, consists of three rooms - cardio, aerobics and weight training - with the very latest gym equipment.

Lots of outdoor activities are also included - pétanque (French bowls), giant chess, table tennis, archery, a volleyball court, two flood lit tennis courts, billiards, mountain bikes, badminton, beach soccer and beach volleyball, aerobics sessions, darts and board games

### Free

- 3 swimming pools, each 800 m<sup>2</sup>
- 1 swimming pool at the miniclub
- 1 swimming pool at the Spa
- 9 hole 'pitch and putt' golf course Par 3 (One per day- > 18 years old)
- Windsurf
- Sailing dinghy
- Canoe
- Aqua gym
- Pedal boats
- Glass-bottom boat trips
- Snorkelling trips
- Daily water skiing session
- Aerobic sessions
- Darts
- Table tennis
- Bocci balls
- Badminton
- Access to the Umuzi Sports Centre
- Archery
- A giant chest board
- Mountain bikes
- 2 floodlit tennis courts
- Use of tennis racquets
- Beach volleyball, beach Soccer
- Indoor games

### At extra cost

- 18 hole Championship Golf Course
- Catamaran cruises
- Big game fishing
- Kite surf
- Diving (PADI)
- Water skiing lessons
- Quad biking and many other activities at Valriche Nature Reserve)
- Golf carts, golf clubs, caddies, trolleys and equipment
- Golf lessons (which can be videoed for extra learning potential)
- Electronic games
- Billiard/Tokens
- Personal training
- Tennis lessons & tennis balls
- Horse Riding (available at approx.10 mins drive)



## THE BOATHOUSE

The boathouse also welcomes guests to a range of free activities: windsurfing, dinghies, water aerobics, water skiing day trips, pedal boats, kayaks, glass-bottomed boat trips, snorkelling and activities available on payment of an extra surcharge such as catamaran cruises, deep sea game fishing or scuba diving or even kite surfing.

## FOR CHILDREN



The Timomo & Friends kids club welcomes children aged from 3 to 11 every day from 8:30 to 23:00. This unique concept is based on Timomo, a mascot character, a funny typically Mauritian bird resembling a green parrot with a yellow beak. He goes in search of treasure that is on the other side of the rainbow. The search takes him on a tour of the island where he meets his friends at each of the Veranda Resorts hotels. Everyone helps in his quest only to discover that he already has two of the finest treasures in the world: generosity and friendship.

Activities for older children (12 to 19 years) are also scheduled.

A baby-sitting is also available on request (with payment of a surcharge).

